

NAME: _____

DATE: _____

TOPIC: _____

Why are you writing a reflection? *(For deeper understanding, to decide what to do next, ...)*

What did you learn about? *(What are some specific examples?)*

So what? *(What connections did you make? How confident are you? What is still unclear?)*

Now what? *(What have you learned? What are you curious about? What will you do next?)*

Reflective writing should be specific, insightful and constructive.